

TINAZTEPE

**SPECIAL CHECK-UP
PACKAGES FOR
YOUR HEALTH**



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Take Control of Your Health with Check-Up!

Why Should You Have Check-Up?

The aim of modern medicine is to take necessary measures before a disease progresses and to keep the person healthy. The aim is to take the necessary precautions before the disease progresses. Early diagnosis and treatment is the most important step in preventing the progression of diseases. Therefore, it makes more sense to take precautions before the disease progresses.

Early and correct diagnosis of the most common diseases of our time such as Coronary artery diseases, cancer, hypertension and many other disease has a vital importance in terms of person's lifetime and quality. Also, early diagnosis and regular treatment has a great importance in diseases that progress over the years without causing any symptoms or complaints and damage the brain, heart and kidneys, such as hypertension and diabetes.

How Does the Check-up Process Work?

In the check-up program, an experienced check-up consultant escort you during the tests and examinations. The tests are reported on the same day.

Preparation for Check-Up

If you have previous test results or reports bring them. Make sure to wear comfortable clothes and shoes in case of tests that require activity.

Make sure to have 8 hours of fasting state before your appointment. (You may only drink water).

Check-ups are not recommended for women during the menstrual period.

You should not take your vitamin supplement, if you do take supplement please mention to your check-up doctor.

Pay attention not to have alcohol before the appointment day.

Men Under 40 Years Check-Up Package



- **Internal Diseases Examination**
- **Dietitian Examination**
- **Chest X-Ray(lateral)**
- **Whole abdomen USG**
- **EKG**
- **Complete Blood Count(CBC)**
- **Blood Glucose(Fasting)**
- **Blood Glucose (Postprandial)**
- **Alanine Aminotransferase(ALT)**
- **aspartate Aminotransferase(AST)**
- **Gamma Glutamyl Transferase(GGT)**
- **Alkaline Phosphatase**
- **Direct Bilirubin**
- **Total Bilirubin**
- **Total Cholesterol**
- **LDL Cholesterol**
- **HDL Cholesterol**
- **Triglyceride**
- **Blood Urea Nitrogen(BUN)**
- **Creatinine**
- **Uric acid**
- **Albumin**
- **Sodium(Na)**
- **Potassium(K)**
- **Magnesium(Mg)**
- **Chlor(Cl)**
- **Calcium(Ca)**
- **Ferritin**
- **TSH**
- **T3, Free**
- **T4, free**
- **Vitamin B12**
- **Vitamin B9(folic acid)**
- **Vitamin D**
- **Amylase**
- **Globulin**
- **Complete Urine Analysis**

Women Under 40 Years Check-Up Package



- **Internal Diseases Examination**
- **Dietitian Examination**
- **Chest X-Ray(lateral)**
- **Whole abdomen USG**
- **Breast USD (bilateral)**
- **Smear Test**
- **EKG**
- **Complete Blood Count(CBC)**
- **Sedimentation**
- **CRP**
- **Blood Glucose(fasting)**
- **Blood glucose (postprandial)**
- **Alanine Aminotransferase(ALT)**
- **Aspartate Aminotransferase(AST)**
- **Gamma Glutamyl Transferase(GGT)**
- **Alkaline Phosphatase**
- **Direct Bilirubin**
- **Total Bilirubin**
- **Total Cholesterol**
- **LDL Cholesterol**
- **HDL Cholesterol**
- **Triglyceride**
- **Blood Urea Nitrogen(BUN)**
- **Creatinine**
- **Uric acid**
- **Albumin**
- **Sodium(Na)**
- **Potassium(K)**
- **Magnesium(Mg)**
- **Chlor(Cl)**
- **Calcium(Ca)**
- **Ferritin**
- **TSH**
- **T3, Free**
- **T4, free**
- **Vitamin B12**
- **Vitamin B9(folic acid)**
- **Vitamin D**
- **Amylase**
- **Globulin**
- **Complete Urine Analysis**

Men Above 40 Years Check-Up Package



- **Internal Diseases Examination**
- **Dietitian Examination**
- **Dental Examination**
- **Cardiology Examination**
- **Urology Examination**
- **Eye Examination**
- **Whole abdomen USG**
- **Chest X-Ray (lateral)**
- **EKG**
- **Echocardiography**
- **Cardiac Stress Test**
- **Complete Blood Count(CBC)**
- **Sedimentation**
- **CRP**
- **Blood Glucose(fasting)**
- **Blood glucose (postprandial)**
- **Alanine Aminotransferase(ALT)**
- **Aspartate Aminotransferase(AST)**
- **Gamma Glutamyl Transferase(GGT)**
- **Alkaline Phosphatase**
- **Direct Bilirubin**
- **Total Bilirubin**
- **Total Cholesterol**
- **LDL Cholesterol**
- **HDL Cholesterol**
- **Triglyceride**
- **Blood Urea Nitrogen**
- **Creatinine**
- **Uric acid**
- **Albumin**
- **Sodium(Na)**
- **Potassium(K)**
- **Magnesium(Mg)**
- **Chlor(Cl)**
- **Calcium(Ca)**
- **Ferritin**
- **TSH**
- **T3, Free**
- **T4, free**
- **Vitamin B12**
- **Vitamin B9(folic acid)**
- **Vitamin D**
- **Amylase**
- **Globulin**
- **Complete Urine Analysis**
- **Total PSA**
- **Free PSA**

Women Above 40 Years Check-Up Package



- **Internal Diseases Examination**
- **Dietitian Examination**
- **Dental Examination**
- **Cardiology Examination**
- **Obstetrics And Gynecology Examination**
- **Eye Examination**
- **Whole abdomen USG**
- **Breast USG(bilateral)**
- **Chest X-Ray (lateral)**
- **Smear Test**
- **Bone Densitometry**
- **Mammography(Bilateral)**
- **EKG**
- **Echocardiography**
- **Cardiac Stress Test**
- **Complete Blood Count(CBC)**
- **Sedimentation**
- **CRP**
- **Blood Glucose(fasting)**
- **Blood glucose (postprandial)**
- **Alanine Aminotransferase(ALT)**
- **Aspartate Aminotransferase(AST)**
- **Gamma Glutamyl Transferase(GGT)**
- **Alkaline Phosphatase**
- **Direct Bilirubin**
- **Total Bilirubin**
- **Total Cholesterol**
- **LDL Cholesterol**
- **HDL Cholesterol**
- **Triglyceride**
- **Blood Urea Nitrogen(BUN)**
- **Creatinine**
- **Uric acid**
- **Albumin**
- **Sodium(Na)**
- **Potassium(K)**
- **Magnesium(Mg)**
- **Chlor(Cl)**
- **Calcium(Ca)**
- **Ferritin**
- **TSH**
- **T3, Free**
- **T4, free**
- **Vitamin B12**
- **Vitamin B9(folic acid)**
- **Vitamin D**
- **Amylase**
- **Globulin**
- **Complete Urine Analysis**

Men VIP Check-Up Package



- Internal Diseases Examination
- Dietitian Examination
- Dental Examination
- Cardiology Examination
- Urology Examination
- Eye Examination
- Neurology Examination
- Whole abdomen USG
- Chest X-Ray (lateral)
- Brain MRI
- EKG
- Echocardiography
- Cardiac Stress Test
- Complete Blood Count(CBC)
- Sedimentation
- CRP
- Blood Glucose(fasting)
- Blood glucose (postprandial)
- Alanine Aminotransferase(ALT)
- Aspartate Aminotransferase(AST)
- Gamma Glutamyl Transferase(GGT)
- Alkaline Phosphatase
- Direct Bilirubin
- Total Bilirubin
- Total Cholesterol
- LDL Cholesterol
- HDL Cholesterol
- Triglyceride
- Blood Urea Nitrogen
- Creatinine
- Uric acid
- Albumin
- Sodium(Na)
- Potassium(K)
- Magnesium(Mg)
- Chlor(Cl)
- Calcium(Ca)
- Ferritin
- TSH
- T3, Free
- T4, free
- Vitamin B12
- Vitamin B9(folic acid)
- Vitamin D
- Amylase
- Globulin
- Iron
- Iron Binding Capacity
- Complete Urine Analysis
- Total PSA
- Free PSA
- Occult Blood In Stool
- CA 15-3
- CA 125
- CA 19-9, Serum
- CEA, Serum
- Anti - HBs
- Anti - HCV, Total

Women VIP Check-Up Package



- Internal Diseases Examination
- Dietitian Examination
- Dental Examination
- Cardiology Examination
- Obstetrics And Gynecology Examination
- Eye Examination
- Neurology Examination
- General Surgery Examination
- Whole abdomen USG
- Breast USG(bilateral)
- Chest X-Ray (lateral)
- Smear Test
- Bone Densitometry
- Mammography(Bilateral)
- Brain MRI
- EKG
- Echocardiography
- Cardiac Stress Test
- Complete Blood Count(CBC)
- Sedimentation
- CRP
- Blood Glucose(fasting)
- Blood glucose (postprandial)
- Alanine Aminotransferase(ALT)
- Aspartate Aminotransferase(AST)
- Gamma Glutamyl Transferase(GGT)
- Alkaline Phosphatase
- Direct Bilirubin
- Total Bilirubin
- Total Cholesterol
- LDL Cholesterol
- HDL Cholesterol
- Triglyceride
- Blood Urea Nitrogen
- Creatinine
- Uric acid
- Albumin
- Sodium(Na)
- Potassium(K)
- Magnesium(Mg)
- Chlor(Cl)
- Calcium(Ca)
- Ferritin
- TSH
- T3, Free
- T4, free
- Vitamin B12
- Vitamin B9(folic acid)
- Vitamin D
- Amylase
- Globulin
- Iron
- Iron Binding Capacity
- Complete Urine Analysis
- Occult Blood In Stool
- CA 15-3
- CA 125
- CA 19-9, Serum
- CEA, Serum
- Anti - HBs
- Anti - HCV, Total

Children's Check-Up Package



- **Pediatric Examination**
- **Dental Examination**
- **Eye Examination**
- **ENT Examination**
- **Whole abdomen USG**
- **Chest X-Ray (lateral)**
- **EKG**
- **Complete Blood Count(CBC)**
- **Sedimentation**
- **CRP**
- **Blood Glucose(fasting)**
- **Alanine Aminotransferase(ALT)**
- **Aspartate Aminotransferase(AST)**
- **Gamma Glutamyl Transferase(GGT)**
- **Alkaline Phosphatase**
- **Direct Bilirubin**
- **Total Bilirubin**
- **Total Cholesterol**
- **LDL Cholesterol**
- **HDL Cholesterol**
- **Triglyceride**
- **Blood Urea Nitrogen**
- **Creatinine**
- **Uric acid**
- **Albumin**
- **Sodium(Na)**
- **Potassium(K)**
- **Magnesium(Mg)**
- **Chlor(Cl)**
- **Calcium(Ca)**
- **Ferritin**
- **TSH**
- **T3, Free**
- **T4, free**
- **Vitamin B12**
- **Vitamin B9(folic acid)**
- **Vitamin D**
- **HBsAG**
- **Anti-HBs**
- **HbA1c**
- **Total Ig E**
- **Stool Parasites Test**
- **Complete Urine Analysis**



Pre-Pregnancy Check-Up Package



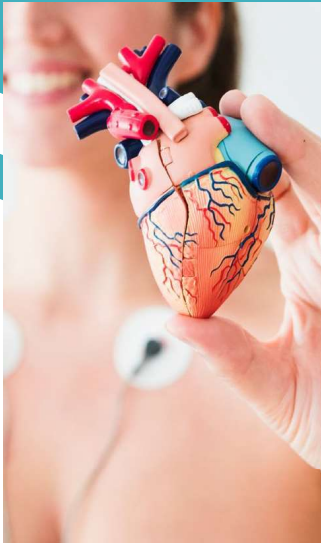
- **Obstetrics And Gynecology Examination**
- **Complete Blood Count(CBC)**
- **Complete Urine Analysis**
- **Iron**
- **Pap Smear Test**
- **TSH**
- **HPV DNA PCR**
- **HBsAg**
- **Anti-HBs**
- **Anti HIV**
- **Toxoplasma IgM**
- **Toxoplasma IgG**
- **Rubella IgG**
- **Rubella IgM**
- **CMV IgG**
- **CMV IgG**
- **HSV Tip2 IgG**
- **HSV Tip2 IgM**
- **Vitamin B12**
- **Vitamin B9(folic acid)**
- **Ferritin**
- **Iron Binding Capacity**
- **T3, Free**
- **T4, free**

Neurology Package



- **Neurology Examination**
- **Brain MRI**
- **Psychologist's Examination**
- **EEG**
- **Blood Glucose(fasting)**
- **Creatinine**
- **Uric acid**
- **Alanine Aminotransferase(ALT)**
- **Aspartate Aminotransferase(AST)**
- **Gamma Glutamyl Transferase(GGT)**
- **Total Cholesterol**
- **LDL Cholesterol**
- **HDL Cholesterol**
- **Triglyceride**
- **Magnesium(Mg)**

- **Neurology Examination**
- **Brain MRI**
- **Psychologist's Examination**
- **EEG**
- **Blood Glucose(fasting)**
- **Creatinine**
- **Uric acid**
- **Alanine Aminotransferase(ALT)**
- **Aspartate Aminotransferase(AST)**
- **Gamma Glutamyl Transferase(GGT)**
- **Total Cholesterol**
- **LDL Cholesterol**
- **HDL Cholesterol**
- **Triglyceride**
- **Magnesium(Mg)**



Cardiology Package

- **Cardiology Examination**
- **EKG**
- **Cardiac Stress Test**
- **Transthoracic Echocardiography**
- **Creatinine**
- **Urea**
- **Alanine Aminotransferase(ALT)**
- **Aspartate Aminotransferase(AST)**
- **LDL Cholesterol**
- **Complete Blood Count(CBC)**
- **HbA1C**
- **Creatine Kinase**

Breast Screening Check-Up Package

- **General Surgery Examination**
- **Mammography (+40-year-old)**
- **Breast USG**
- **CA 15-3**
- **CA 125**
- **CA 19-9, Serum**
- **CEA, Serum**

Covid Check-Up Package

- **Pulmonary Diseases Examination**
- **Chest X-Ray**
- **CRP**
- **Covid Antibody Test (IgM/IgG) Rapid Test**
- **Complete Blood Count(CBC)**

Prostate Screening Check-Up Package

- **Urology Examination**
- **Urine Analysis**
- **Whole Abdomen USG**
- **Urea**
- **Creatinine**
- **PSA, Total**
- **PSA, Free**



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